



GOVERNMENT OF JAMMU & KASHMIR

DIRECTORATE OF HEALTH SERVICES, KASHMIR



"Inauguration of Disaster Management Manual by Hon'ble Chief Minister J&K Ms. Mehbooba Mufti"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2018

- 12 - National Youth Day
- 28 - World Leprosy Eradication Day
- 05 - Guru Gobind Singh Ji's Birthday
- 26 - Republic Day

* All Muslim Holidays are subject to appearance of Moon

"A good laugh and a long sleep are the best cures in the doctor's book." - Irish Proverb



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"Visit of Hon'ble Chief Minister J&K Ms. Mehbooba Mufti & Deputy Chief Minister Dr. Nirmal Kumar Singh to District Hospital Anantnag"

Sun **Mon** **Tue** **Wed** **Thu** **Fri** **Sat**

February
2018

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- 04 - World Cancer Day
- 10 - National Deworming Day
- 12 - Sexual & Reproductive Health Awareness Day
- 13 - Mahashivratri
- 13-14 - Mela Dasmochey (Leh Distt. & Zanaskar Sub-Division Only)

* All Muslim Holidays are subject to appearance of Moon

"Health is a state of complete physical, mental and social wellbeing, and not merely the absence of disease or infirmity." – W.H.O. 1948



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"Annual Review Meeting 2017 Chaired By Hon'ble Minister For Health & Medical Education Shri Bali Bhagat"

Sun Mon Tue Wed Thu Fri Sat

March 2018

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- 08 - World Kidney Day
- 12-18 - World Glaucoma Week
- 14 - No Smoking Day
- 20 - World Oral Health Day
- 24 - World Tuberculosis Day
- 18 - 1st Navratra
- 21 - Nauroz
- 25 - Ramanavami
- 01 - Tangpe Chongya (Leh & Kargil District Only)

* All Muslim Holidays are subject to appearance of Moon

"I believe that the greatest gift you can give your family and the world is a healthy you." – Joyce Meyer



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"Launch of Website of Directorate of Health Services Kashmir (www.dhskashmir.org) by Hon'ble Minister For Health & Medical Education Shri Bali Bhagat"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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April 2018

- 07 - World Health Day
- 17 - World Haemophilia Day
- 19 - World Liver Day
- 25 - World Malaria Day
- 13 - Shabi-Miraj* & Baisakhi
- 14 - Birthday of Dr. B.R. Ambedkar
- 20 - Friday Following Shabi-Miraj* (Kashmir Province Only)
- 30 - Buddha Purnima

* All Muslim Holidays are subject to appearance of Moon

To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear. – Buddha



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"Inauguration of PHC Chewdara Budgam by Hon'ble Minister of State for Housing & Urban Development, Social Welfare, Health & Medical Education Ms. Asiea Naqash"

Sun Mon Tue Wed Thu Fri Sat

May
2018

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- 01 - World Asthma Day
- 12 - International Nurses Day
- 17 - World Hypertension Day
- 28 - International Women Health Day
- 31 - World No Tobacco Day

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"Those who think they have not time for bodily exercise will sooner or later have to find time for illness." – Edward Stanley



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"Meeting of Hon'ble Union Minister of Health and Family welfare Shri J. P. Nadda with Hon'ble Minister for Health & Medical Education, J&K, Shri Bali Bhagat"

Sun Mon Tue Wed Thu Fri Sat

June 2018

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- 08 - World Brain Tumour Day
- 14 - World Blood Donor Day
- 21 - International Day of Yoga
- 26 - International Day against drug abuse and illicit trafficking
- 08 - Jummat-ul-Vida*
- 11 - Shabi-Qadr*
- 15 - Eid-ul-Fitr*
- 20 - Mela Khir Bhawani (Kashmir Province Only)
- 23-24 - Mela Hemis Gumpa (Leh District Only)

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Health is the greatest of all possessions; a pale cobbler is better than a sick king." – Isaac Bickerstaff



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"Emergency Medical services enroute Shri Amarnath Ji Yatra"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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July 2018

- 01 - National Doctors Day
- 11 - World Population Day
- 28 - World Hepatitis Day
- 29 - ORS Day
- 05 - Guru Hargobind Ji's Birthday
- 13 - Martyr's Day

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"The doctor of the future will no longer treat the human frame with drugs, but rather will cure and prevent disease with nutrition." – T. A. Edison



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"Visit of Principal Secretary Health & Medical Education, Dr. Pawan Kotwal to Base Camp Hospital Baltal"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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August 2018

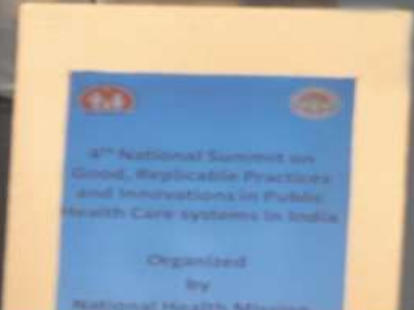
- 1-7 - World Breast-feeding Week
- 25-8(Sept) - National Eye Donation Fortnight
- 15 - Independence Day
- 18 - Urs Shah-i-Hamdan Sahib* (Kashmir Province Only)
- 22-23 - Eid-ul-Azha*

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"It is health that is real wealth and not pieces of gold and silver." – M.K. Gandhi



Innovative Practices
in
Public
Healthcare
Systems in India,
Indore, Madhya
Pradesh,
July 06 -08, 2017



"Director Health Services Kashmir, Dr Saleem-Ur-Rehman, presenting Kashmir Skill & Simulation Centre (KSSC) Dhoiwan at 4th National Summit on Good, Replicable Practices & innovations in Public Health Care at Indore, MP, where KSSC was adjudged as one of the Best Practices in India"

Sun Mon Tue Wed Thu Fri Sat

September 2018

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- 1-7 - National Nutrition week
- 21 - World Alzheimer's Day
- 25 - World Pharmacist Day
- 29 - World Heart Day
- 30 - World Day of Deaf
- 03 - Janamashtami
- 21 - Ashoora^h

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"The best six doctors anywhere and no one can deny it, are sunshine, water, rest, air, exercise and diet." – Wayne Fields



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"Inauguration of Surgical & Diagnostic Block SNM Hospital Leh by Hon'ble Minister for Health & Medical Education, Shri Bali Bhagat"

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October 2018

- 01 - World Elderly Day
- 02 - National Anti-Drug Addiction Day
- 10 - World Mental Health Day
- 11 - International Day of Girl Child
- 12 - World Arthritis Day
- 15 - Global Hand Washing Day
- 20 - World Osteoporosis Day
- 21 - World Iodine Deficiency Day
- 24 - World Polio Day
- 29 - World Stroke Day
- 02 - Mahatma Gandhi Ji's Birthday
- 07 - Urs Sheikh Noor-ud-Din Sahib* (Kashmir Province Only)
- 18 - Dussehra & Mahanavami

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"One of the first duties of the physician is to educate masses not to take medicine." – William Osler (Father of Modern Medicine)



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"1st November being observed as Disaster Preparedness Day by Directorate of Health Services, Kashmir"

Sun Mon Tue Wed Thu Fri Sat

November 2018

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- 01 - Disaster Preparedness Day
- 10 - World Immunization Day
- 14 - World Diabetes Day
- 17 - World Epilepsy Day
- 19 - World COPD Day
- 13-19 - World Antibiotic Awareness Week
- 07 - Diwali
- 21 - Eid-i-Milad-un-Nabi*
- 23 - Friday Following Eid-i-Milad-un-Nabi* & Guru Nanak Dev Ji's Birthday

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It was not raining when Noah (AS) built the arc. – Howard Ruff



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"Celebration of World TB Day. Unite to end TB. Leave no one behind."

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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16	17	18	19	20	21	22
23	24	25	26	27	28	29

December 2018

- 01 - World AIDS Day
- 03 - International Day of Persons with Disabilities
- 09 - World Patient Safety Day
- 12 - Universal Health Coverage Day
- 21 - Save Heart Day
- 05 - Sheikh Mohammad Abdullah's Birthday
- 25 - Christmas
- 08 - Mela Losar (Leh & Kargil Distt. Only)

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"Without health life is not life; it is only a state of languor and suffering – an image of death. – Buddha